



Welcome to Mindful Mondays!

Join us for in our series of ***Mindful Mondays*** to support Mental Health and receive 1.0 CLE complimentary. Open to all. Forward to a colleague.

Presentation: Motivational Interviewing

Presenter: Gilan Merwanji & Ali Hall

Date: Monday, July 21, 2025

Time: noon – 1:00 pm

CLE: 1.00, 0.00 ethics

Overview: Discover the power of Motivational Interviewing—a collaborative, person-centered approach to inspiring change by helping individuals explore and resolve ambivalence. This seminar will provide practical tools to enhance communication, build trust, and support meaningful, self-directed growth in any professional setting.